

Weekly Injection Log

Use the chart to log your injections. Remember to include the day, month, and injection site used for each dose. If your physician has prescribed 6 doses per week, remember to draw a line through your day off.

My Name:

INJECTION SITES

You should select a different injection site each day, rotating through arms, legs, abdomen and buttocks.

These images show the potential injection sites you can use. You should only use injections sites your healthcare professional has recommended.

RA (Right Arm)

LA (Left Arm)

RT (Right Thigh)

LT (Left Thigh)

RAB (Right Abdomen)

LAB (Left Abdomen)

RB (Right Buttock)

LB (Left Buttock)

If you have an questions about your injection sites contact Momentum at 1-877-724-9361, patientservices@emdserono.com

See patient insert for more information.

Injection Log

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